



Spring/Summer 2010 CSA Registration

Rev. 3 5/5/2010

A. Contact Information: *Returning customers only need to complete new information and name field*

Member Name		Co-Member	
Street Address		City, Zip Code	
#1 Phone		#2 Phone	
Email 1		Email 2	
How/Where did you hear about us?			

B. Pick-Up Location: *Pick 1-If you would like information about starting a new delivery location please email us.*

DAY	TRUCK ROUTE	X	TIME	LOCATION NAME	ADDRESS
Wednesday	#1		9:00-9:30am	Spring Hill: Evans Park	Beechcroft/Maury Hill Rds, Spring Hill
			10:30-11:00am	Vanderbilt University: Disciples House	1917 Adelia St, Nashville
			11:15-11:30am	Climb Nashville for St. Anns Group	3630 Redmon St, Nashville
			11:45-2:45pm	Corporate Deliveries: Farm Fresh at Work CIRCLE ONE PLEASE	BASS, BOFA, CMT, NCOC, ACT, CUMM, SESAC and WMN
			3:00-3:30pm	Riverside Village/Mitchell's Deli	1400 McGavock Pike, Nashville
			3:45-4:15pm	Eastwood Christian Church	1601 Eastland Ave, Nashville
			4:45-5:15pm	Coleman Park: Community Center Upper parking lot next to the community garden	384 Thompson Lane, Nashville
			6:00-6:15pm	Murfreesboro- Cannonsburgh Village	312 South Front Street, Murfreesboro
	#2		9:00-1:30pm	Corporate Deliveries: Farm Fresh at Work CIRCLE ONE PLEASE	ADAM, AIM, WIGS, DAVE, EMMA, AMMSG, IBC
			2:45-3:15pm	Montgomery Bell Academy	4001 Harding Road, Nashville
			4:00-4:30pm	Westhaven Community: Resident's Club Unclaimed shares left in the Resident's Club	111 Westhaven Blvd., Franklin
			5:00-5:30pm	Brentwood United Methodist Church	309 Franklin Road, Brentwood
			6:15-6:30pm	St. Matthew's Catholic Church Unclaimed shares left in Church Kitchen	535 Sneed Road, Franklin
	FARM		11:00-4:00pm	On Farm Pickup: Avalon Acres Farms	750 Piney Creek Road, Hohenwald
	#3			Corporate Deliveries: Farm Fresh at Work CIRCLE ONE PLEASE	CFMC, THA, YOC, VFIW, SE, METRO PPE
Sunday	#4		8:30-8:45am	Woodbine United Methodist Church	2621 Nolensville Pike, Nashville
			9:00-9:25am	Calvary United Methodist Church	3701 Hillsboro Pike, Nashville
			9:50-10:15am	Belle Meade Plantation	5025 Harding Road, Nashville
			10:50-11:15am	Kingston Springs-The ARC	335 Oak St, Kingston Springs
			1:15-1:45pm	St. Luke's Episcopal Church	309 East Baltimore Street, Jackson
	#5		8:00-8:15am	Berry's Chapel Church of Christ	1777 Berry's Chapel Road, Franklin
			8:30-8:45am	Otter Creek Church of Christ	409 Franklin Road, Brentwood
			9:30-9:45am	Christ Church Cathedral	136 9th Ave N, Lifeway Lot, Nashville
			10:15-10:45am	Edgehill United Methodist Church	1502 Edgehill Avenue, Nashville
			11:45-12:25pm	Belmont United Methodist Church	2007 Acklen Avenue, Nashville
	1:00-1:45pm	Eastwood Christian Church	1601 Eastland Avenue, Nashville		
	2:30-2:45pm	The Factory at Franklin	230 Franklin Road, Franklin		

If you have a suggestion for a new location please contact us at: angel@avalon-acres.com



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C. Schedule of Deliveries

The Spring/Summer Schedule will start (weather permitting) on **Sunday, May 2nd and Wednesday May 5th** and will run for 26 consecutive weeks with no breaks, except 4th of July lands on a Sunday this year so we will be moving this Sunday delivery July 4th to Saturday July 3rd. This will be the only exception. The season will wrap up in late October. We suggest you find someone to pick up your share for you if you cannot make the pickup. You are responsible for the payment whether you pick up your share or not. If you do not pick up your share, you can have it redelivered. We will redeliver shares for a minimum \$10 redelivery fee if you contact us within one day of the missed pickup. If a customer fails to call, **unclaimed shares are forfeited.**

D. About Portion Sizes and Packages

We try to be as flexible as possible for your convenience. As a result, you can build your box customized to suit your needs. You can choose "packages" or you can piece it together from individual items or both. It partly depends on if you like to be surprised or not. It is not necessary to buy a package, but we do have a \$20 minimum order. **You will also have an opportunity to buy extras through a special orders e-mail that goes out before each delivery.**

MEATS: If you choose a meat package, we will rotate through different types and cuts of meat for you based on our inventory and what you've received before. Ordering packages makes life a lot easier on us as we can balance our inventory much better. That's why we make packages a better value... you get a bit more for less money. We try and assure you get an average value of around \$11 or \$12 per portion (chicken, pork, beef)... sometimes it's more and sometimes less, depending on cuts. **One "meat portion" is, at minimum, enough for one meal for two adults.** If you have a larger family, you may want to order more than one package or portion. If you order two of the same meat portions and want it all the same meat so you can feed four or more, just check the box that says, "I am feeding a family" down below in section F. We have free-range chicken, beef and pork available for CSA shares. We plan to have lamb sometime in the fall.

PRODUCE: Fruits and vegetables are available only in packages except for occasional extras that are available off of the truck at your delivery. Certain fruits that are insufficient in quantity to give to everyone will be made available on a special order basis. You will receive weekly what is being harvested according to its season in quantities explained below. This volume may increase or decrease based on the weather and the nature of the mix provided. We strive to give you, at minimum, what you ordered. We cannot guarantee what produce you will receive in your box. There should be enough food to share with your neighbor or swap with another member if you don't like a particular vegetable.

Meat & Egg Package 1 Chicken Portion, 1 Pork Portion, 1 Beef Portion, 1 Breakfast Meat and 1 Dz Eggs

Feeds 2 adults for at least 3 meals along with breakfast meat and a dozen eggs. When you complete the registration form you'll have an opportunity to state your preferences (e.g., say you don't eat pork or you don't want to receive beef, etc.) **We will fill in with more of the meats you like.** We suggest TWO meat packages per delivery if you are feeding a family of 4 or more.

Examples of "Portions" (all weights approximates):

- 1 Chicken = 1 Chicken (whole) or 1 Pkg (2-3) Breasts or 2 Pkg (12) Wings or 2 Pkg (2-3) Leg Qtrs
- 1 Pork = 1 Pkg (2) Pork Chops or 1 Pkg (2) Ham Steaks or 2# Roast (Smaller Portions may be supplemented)
- 1 Beef = 1 Pkg (2) Steaks, 2# Short Ribs, 2# Roast (Smaller Portions/ Lesser Cuts may be supplemented)
- 1 Breakfast Meat = 1# Package Sugar Cured Bacon, Jowl, Sausage Chub, Links or Hickory Smoked Links

Produce Only Packages ¼ or ½ bushel of fresh produce

A quarter bushel is equivalent to approximately a large men's shoebox full of food (depends on mix). In general, we suggest a ¼ bushel for a non-vegetarian couple and a ½ bushel for a family of 4 or a vegetarian couple. A half-bushel is about twice that or around 2/3 of a paper grocery bag. If you are unsure choose the smaller size because you can always upgrade but we do not allow downgrades once the season has begun.

Meat & Produce Packages ¼ or ½ bushel of fresh produce plus a meat portion (s) and eggs

Meat, produce and eggs combined in one package. Available in "standard" (single meat portion) and "family" (double meat portion) sizes. The standard share contains ½ dozen and the family share contains one dozen eggs.



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E. Build your Package

	Item	Description	Weekly Cost	Qty	Extended Price
Packages	Produce Only Family Share	½ bu. Seasonal Produce	\$38.00		
	Meat & Produce Family Share	½ bu. + 2 Meats + 1 Dz. Eggs	\$58.50		
	Produce Only Standard Share	¼ bu. Seasonal Produce	\$22.00		
	Meat & Produce Standard Share	¼ bu. + 1 Meat + ½ Dz. Eggs	\$32.50		
	Meat & Eggs Share	3 Meats, BF Meat and 1 Dz. Eggs	\$42.50		
Portions	Generic Meat Portion	(Rotated cuts)	\$11.00		
	Chicken	(Rotated cuts)	\$11.50		
	Pork	(Rotated cuts)	\$11.00		
	Beef	(Rotated cuts)	\$12.25		
	Standard Steak Lovers	(Rotated cuts)	\$13.50		
	Premium Steak Lovers	NY Strip, Rib Eye, Filet only	\$17.50		
A La Carte Items	Chicken Breast Package	1.5 lbs	\$13.50		
	Chicken Leg Quarters	1.5 lbs (three legs)	\$5.50		
	Whole Chicken	3 lbs.	\$11.50		
	Beef Roast	2 lbs.	\$10.50		
	Ground Beef (chub)	1 lb.	\$4.50		
	Ground Beef Patties	4 ¼-lb burgers	\$5.00		
	Beef Summer Sausage (chub)	¾ lb.	\$6.25		
	Pork Roast	2 lbs.	\$10.00		
	Pork Chops	1 lb. (2 chops)	\$10.50		
	Breakfast Sausage	1 lb. chub	\$5.00		
	Breakfast Links	5 large links	\$5.25		
	Breakfast Links Hickory Smoked	5 large links	\$5.50		
	Bacon (Sugar Cured)	.75 - 1 pound	\$7.50		
	1 Dozen Free-Range Eggs	Farm Fresh Brown Eggs	\$4.00		
	½ Dozen Free-Range Eggs	Farm Fresh Brown Eggs	\$2.00		
	Generic Handmade Amish Pasta	Rotated 1lb Packages	\$8.50		
	6 Cinnamon Sweet Rolls	Homemade Amish Baked	\$6.00		
	1 Loaf Wheat Bread	Homemade Amish Baked	\$3.50		

Enter your total weekly cost (\$20 minimum order) =

F. Select your Meat Package Preferences

I am feeding a family and would like to get more of the same type of meats

CIRCLE Which Meats you DO NOT wish to receive in your Package

BEEF

PORK

CHICKEN



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G. Calculate Your Payment

Prepay Check = _____ X 26 = _____ - 10% = _____ + \$25.00 = _____
Per Delivery Total Cost Actual Cost Payment

Prepay PayPal = _____ X 26 = _____ - 7% = _____ + \$25.00 = _____
Per Delivery Total Cost Actual Cost Payment

Please include your PayPal email address: _____

Pay As You Go _____ + \$25.00 = _____
Per Delivery Advance Payment

Note: This pay as you go amount is for mail in registrations. If you bring payment to the first delivery, you need to pay TWO weeks payment + \$25.

If paying by check, please enclose and make check payable to "Avalon Acres Farms, LLC".

The membership fee is \$25.00 per season and is **non-refundable**. This entitles you to discounted pricing on your shares (from our regular retail prices). We accept checks, money orders and cash. We are also accepting credit/debit cards via PayPal this year. We will only accept PayPal for those customers who will pay for their share in full for the season. There is a 3% fee for using PayPal. Please indicate that you want to pay via PayPal and we will send you an invoice through PayPal.

For "Pay As You Go" customers, your first payment is applied to the last delivery of the season. It serves as a deposit and assumes you will participate for the entire program. Starting the first delivery, you will pay the "per delivery" charge every week excepting the last delivery of the season at which time your deposit is applied and no money is collected. **If you choose to cancel early, this deposit is forfeited and cannot be used to pay for your final delivery received.**

H. CSA Member/Farmer Agreement

I, _____, commit to membership in the Avalon Acres Farms CSA for the 2010 summer season. As a member, I commit myself to supporting the farm with the payment schedule I have indicated above and to picking up my share at the location I indicated in section B. I fully understand pickups will be every week for 26 deliveries running from spring through fall '10. If I am unable to pick up my food I will arrange to have someone pick it up for me. I understand that if I do not pick up my share it will be donated to charity or be reabsorbed back into the CSA cooperative at Avalon Acres' discretion; I do not expect my share to be saved for me unless I contact Avalon Acres within one day of the missed delivery and agree to pay a minimum \$10 redelivery fee to cover costs of handling and refreshing share. I understand that I am committing to support the farm for the entire season and that if I cancel I will not expect any refunds whatsoever.

I understand packaging materials are recycled to keep costs down and will do my best to return them.

I also understand all of the following: Members support the farm by sharing in the inherent risks of agriculture (poor weather, drought, disease, early frost, crop failure, predators etc.) and in the rewards of bounty (extra food, heavier shares) from a good season involved in farming. CSA farmers purposely plan for such contingencies, and we use growing techniques that protect the harvest, minimize the risk to members and optimize the rewards; growing a wide variety of crops that thrive in different types of conditions. The CSA is built on a relationship of trust between the farmer and the community group. On the whole, members will get a variety of vegetables, eggs and cuts of meat in plentiful amounts (depending on which plan selected), although the share size may vary depending on the weather and season. I accept that there is no guarantee as to exactly what I will receive in my share. The winter season is generally not affected by weather conditions and typically meats are not affected by weather.

Most importantly, I understand how much my farmers value our relationship and my business. ☺

Member Signature

Date

*** Please include all sections of the registration form when you mail it in. This includes Sections A-H**