



# Spring/Summer 2010 CSA Registration

Rev. 1 1/23/2010

## A. Contact Information: *Returning customers only need to complete new information and name field*

Member Name		Co-Member	
Street Address		City, Zip Code	
#1 Phone		#2 Phone	
Email 1		Email 2	
How/Where did you hear about us?			

## B. Pick-Up Location: *Pick 1-If you would like information about starting a new delivery location please email us.*

DAY	TRUCK ROUTE	X	TIME	LOCATION NAME	ADDRESS
<b>Wednesday</b>	#1		9:00-9:30am	<b>Spring Hill: Evans Park</b>	Beechcroft/Maury Hill Rds, Spring Hill
			10:30-11:00am	<b>Vanderbilt University: Disciples House</b>	1917 Adelia St, Nashville
			11:15-11:30am	<b>Climb Nashville for St. Anns Group</b>	3630 Redmon St, Nashville
			11:45-2:45pm	<b>Corporate Deliveries: Farm Fresh at Work</b>	
			3:00-3:30pm	<b>Riverside Village/Mitchell's Deli</b>	1400 McGavock Pike, Nashville
			3:45-4:15pm	<b>Eastwood Christian Church</b>	1601 Eastland Ave, Nashville
			4:45-5:15pm	<b>Coleman Park: Community Center</b> Upper parking lot next to the community garden	384 Thompson Lane, Nashville
			6:00-6:15pm	<b>Murfreesboro- Cannonsburgh Village</b>	312 South Front Street, Murfreesboro
	#2		11:00-1:30pm	<b>Corporate Deliveries: Farm Fresh at Work</b>	
			2:45-3:15pm	<b>Montgomery Bell Academy</b>	4001 Harding Road, Nashville
			4:00-4:30pm	<b>Westhaven Community: Resident's Club</b> Unclaimed shares left in the Resident's Club	111 Westhaven Blvd., Franklin
			5:00-5:30pm	<b>Brentwood United Methodist Church</b>	309 Franklin Road, Brentwood
			6:15-6:30pm	<b>St. Matthew's Catholic Church</b> Unclaimed shares left in Church Kitchen	535 Sneed Road, Franklin
	<b>FARM</b>		11:00-4:00pm	<b>On Farm Pickup: Avalon Acres Farms</b>	750 Piney Creek Road, Hohenwald
	#3			<b>Corporate Deliveries: Farm Fresh at Work</b> CIRCLE ONE PLEASE	Cummins Station, AMSurg, VF Imagewear Nissan Americas METRO, BASS/H3GM, CMT, CMHF, SESAC, BofA, NCOC, ADAM, DAVE, EMMA, AFFINION, AIM, INGRAM
<b>Sunday</b>	#4		9:00-9:25am	<b>Calvary United Methodist Church</b>	3701 Hillsboro Pike, Nashville
			9:50-10:15am	<b>Belle Meade Plantation</b>	5025 Harding Road, Nashville
			10:50-11:15am	<b>Kingston Springs-The ARC</b>	335 Oak St, Kingston Springs
			1:15-1:45pm	<b>St. Luke's Episcopal Church</b>	309 East Baltimore Street, Jackson
	#5		8:30-8:45am	<b>Otter Creek Church of Christ</b> Unclaimed shares left at Church	409 Franklin Road, Brentwood
			9:30-9:45am	<b>Christ Church Cathedral</b>	136 9th Ave N, Lifeway Lot, Nashville
			10:15-10:45am	<b>Edgehill United Methodist Church</b>	1502 Edgehill Avenue, Nashville
			11:45-12:25pm	<b>Belmont United Methodist Church</b>	2007 Acklen Avenue, Nashville
			1:00-1:45pm	<b>Eastwood Christian Church</b>	1601 Eastland Avenue, Nashville
			2:30-2:45pm	<b>The Factory at Franklin</b>	230 Franklin Road, Franklin

*If you have a suggestion for a new location please contact us at: [angel@avalon-acres.com](mailto:angel@avalon-acres.com)*



Rev. 1 1/23/2010

# Spring/Summer 2010 CSA Registration

## C. Schedule of Deliveries

The Spring/Summer Schedule will start (weather permitting) on **Sunday, May 2<sup>nd</sup> and Wednesday May 5<sup>th</sup>** and will run for 26 consecutive weeks with no breaks, except 4<sup>th</sup> of July lands on a Sunday this year so we will be moving this Sunday delivery July 4<sup>th</sup> to Saturday July 3<sup>rd</sup>. This will be the only exception. The season will wrap up in late October. We suggest you find someone to pick up your share for you if you cannot make the pickup. You are responsible for the payment whether you pick up your share or not. If you do not pick up your share, you can have it redelivered. We will redeliver shares for a minimum \$10 redelivery fee if you contact us within one day of the missed pickup. If a customer fails to call, **unclaimed shares are forfeited.**

## D. About Portion Sizes and Packages

We try to be as flexible as possible for your convenience. As a result, you can build your box customized to suit your needs. You can choose "packages" or you can piece it together from individual items or both. It partly depends on if you like to be surprised or not. It is not necessary to buy a package, but we do have a \$20 minimum order. **You will also have an opportunity to buy extras through a special orders e-mail that goes out before each delivery.**

MEATS: If you choose a meat package, we will rotate through different types and cuts of meat for you based on our inventory and what you've received before. Ordering packages makes life a lot easier on us as we can balance our inventory much better. That's why we make packages a better value... you get a bit more for less money. We try and assure you get an average value of around \$11 or \$12 per portion (chicken, pork, beef)... sometimes it's more and sometimes less, depending on cuts. **One "meat portion" is, at minimum, enough for one meal for two adults.** If you have a larger family, you may want to order more than one package or portion. If you order two of the same meat portions and want it all the same meat so you can feed four or more, just check the box that says, "I am feeding a family" down below in section F. We have free-range chicken, beef and pork available for CSA shares. We plan to have lamb sometime in the fall.

PRODUCE: Fruits and vegetables are available only in packages except for occasional extras that are available off of the truck at your delivery. Certain fruits that are insufficient in quantity to give to everyone will be made available on a special order basis. You will receive weekly what is being harvested according to its season in quantities explained below. This volume may increase or decrease based on the weather and the nature of the mix provided. We strive to give you, at minimum, what you ordered. We cannot guarantee what produce you will receive in your box. There should be enough food to share with your neighbor or swap with another member if you don't like a particular vegetable.

### **Meat & Egg Package** 1 Chicken Portion, 1 Pork Portion, 1 Beef Portion, 1 Breakfast Meat and 1 Dz Eggs

Feeds 2 adults for at least 3 meals along with breakfast meat and a dozen eggs. When you complete the registration form you'll have an opportunity to state your preferences (e.g., say you don't eat pork or you don't want to receive beef, etc.) **We will fill in with more of the meats you like.** We suggest TWO meat packages per delivery if you are feeding a family of 4 or more.

#### Examples of "Portions" (all weights approximates):

1 Chicken = 1 Chicken (whole) or 1 Pkg (2-3) Breasts or 2 Pkg (12) Wings or 2 Pkg (2-3) Leg Qtrs

1 Pork = 1 Pkg (2) Pork Chops or 1 Pkg (2) Ham Steaks or 2# Roast (Smaller Portions may be supplemented)

1 Beef = 1 Pkg (2) Steaks, 2# Short Ribs, 2# Roast (Smaller Portions/ Lesser Cuts may be supplemented)

1 Breakfast Meat = 1# Package Sugar Cured Bacon, Jowl, Sausage Chub, Links or Hickory Smoked Links

### **Produce Only Packages** ¼ or ½ bushel of fresh produce

A quarter bushel is equivalent to approximately a large men's shoebox full of food (depends on mix). In general, we suggest a ¼ bushel for a non-vegetarian couple and a ½ bushel for a family of 4 or a vegetarian couple. A half-bushel is about twice that or around 2/3 of a paper grocery bag. If you are unsure choose the smaller size because you can always upgrade but we do not allow downgrades once the season has begun.

### **Meat & Produce Packages** ¼ or ½ bushel of fresh produce plus a meat portion (s) and eggs

Meat, produce and eggs combined in one package. Available in "standard" (single meat portion) and "family" (double meat portion) sizes. Both packages contain one dozen eggs.



# Spring/Summer 2010 CSA Registration

Rev. 1 1/23/2010

## E. Build your Package

	Item	Description	Weekly Cost	Qty	Extended Price
<b>Packages</b>	Produce Only Family Share	½ bu. Seasonal Produce	\$38.00		
	Meat & Produce Family Share	½ bu. + 2 Meats + 1 Dz. Eggs	\$58.50		
	Produce Only Standard Share	¼ bu. Seasonal Produce	\$22.00		
	Meat & Produce Standard Share	¼ bu. + 1 Meat + ½ Dz. Eggs	\$32.50		
	Meat & Eggs Share	3 Meats, BF Meat and 1 Dz. Eggs	\$42.50		
<b>Portions</b>	Generic Meat Portion	(Rotated cuts)	\$11.00		
	Chicken	(Rotated cuts)	\$11.50		
	Pork	(Rotated cuts)	\$11.00		
	Beef	(Rotated cuts)	\$12.25		
	Standard Steak Lovers	(Rotated cuts)	\$13.50		
	Premium Steak Lovers	NY Strip, Rib Eye, Filet only	\$17.50		
<b>A La Carte Items</b>	Chicken Breast Package	1.5 lbs	\$13.50		
	Chicken Leg Quarters	1.5 lbs (three legs)	\$5.50		
	Whole Chicken	3 lbs.	\$11.50		
	Beef Roast	2 lbs.	\$10.50		
	Ground Beef (chub)	1 lb.	\$4.50		
	Ground Beef Patties	4 ¼-lb burgers	\$5.00		
	Beef Summer Sausage (chub)	1 lb.	\$6.25		
	Pork Roast	2 lbs.	\$10.00		
	Pork Chops	1 lb. (2 chops)	\$10.50		
	Breakfast Sausage	1 lb. chub	\$5.00		
	Breakfast Links	5 large links	\$5.25		
	Breakfast Links Hickory Smoked	5 large links	\$5.50		
	Bacon (Sugar Cured)	.75 - 1 pound	\$7.50		
	1 Dozen Free-Range Eggs	Farm Fresh Brown Eggs	\$4.00		
	½ Dozen Free-Range Eggs	Farm Fresh Brown Eggs	\$2.00		
	6 Cinnamon Sweet Rolls	Homemade Amish Baked	\$6.00		
	1 Loaf Wheat Bread	Homemade Amish Baked	\$3.50		

Enter your total weekly cost (\$20 minimum order) =

## F. Select your Meat Package Preferences

I am feeding a family and would like to get more of the same type of meats

**CIRCLE Which Meats you DO NOT wish to receive in your Package**

<b>BEEF</b>	<b>PORK</b>	<b>CHICKEN</b>
-------------	-------------	----------------



Rev. 1 1/23/2010

# Spring/Summer 2010 CSA Registration

## G. Calculate Your Payment

Prepay Check = \_\_\_\_\_ X 26 = \_\_\_\_\_ - 10% = \_\_\_\_\_ + \$25.00 = \_\_\_\_\_  
 Per Delivery Total Cost Actual Cost Payment

Prepay PayPal = \_\_\_\_\_ X 26 = \_\_\_\_\_ - 7% = \_\_\_\_\_ + \$25.00 = \_\_\_\_\_  
 Per Delivery Total Cost Actual Cost Payment

Pay As You Go \_\_\_\_\_ + \$25.00 = \_\_\_\_\_  
 Per Delivery Advance Payment

Note: This pay as you go amount is for mail in registrations. If you bring payment to the first delivery, you need to pay TWO weeks payment + \$25.

If paying by check, please enclose and make check payable to "Avalon Acres Farms, LLC".

The membership fee is \$25.00 per season and is **non-refundable**. This entitles you to discounted pricing on your shares (from our regular retail prices). We accept checks, money orders and cash. We are also accepting credit/debit cards via PayPal this year. We will only accept PayPal for those customers who will pay for their share in full for the season. There is a 3% fee for using PayPal. Please indicate that you want to pay via PayPal and we will send you an invoice through PayPal.

For "Pay As You Go" customers, your first payment is applied to the last delivery of the season. It serves as a deposit and assumes you will participate for the entire program. Starting the first delivery, you will pay the "per delivery" charge every week excepting the last delivery of the season at which time your deposit is applied and no money is collected. **If you choose to cancel early, this deposit is forfeited and cannot be used to pay for your final delivery received.**

## H. CSA Member/Farmer Agreement

I, \_\_\_\_\_, commit to membership in the Avalon Acres Farms CSA for the 2010 summer season. As a member, I commit myself to supporting the farm with the payment schedule I have indicated above and to picking up my share at the location I indicated in section B. I fully understand pickups will be every week for 26 deliveries running from spring through fall '10. If I am unable to pick up my food I will arrange to have someone pick it up for me. I understand that if I do not pick up my share it will be donated to charity or be reabsorbed back into the CSA cooperative at Avalon Acres' discretion; I do not expect my share to be saved for me unless I contact Avalon Acres within one day of the missed delivery and agree to pay a minimum \$10 redelivery fee to cover costs of handling and refreshing share. I understand that I am committing to support the farm for the entire season and that if I cancel I will not expect any refunds whatsoever.

I understand packaging materials are recycled to keep costs down and will do my best to return them.

I also understand all of the following: Members support the farm by sharing in the inherent risks of agriculture (poor weather, drought, disease, early frost, crop failure, predators etc.) and in the rewards of bounty (extra food, heavier shares) from a good season involved in farming. CSA farmers purposely plan for such contingencies, and we use growing techniques that protect the harvest, minimize the risk to members and optimize the rewards; growing a wide variety of crops that thrive in different types of conditions. The CSA is built on a relationship of trust between the farmer and the community group. On the whole, members will get a variety of vegetables, eggs and cuts of meat in plentiful amounts (depending on which plan selected), although the share size may vary depending on the weather and season. I accept that there is no guarantee as to exactly what I will receive in my share. The winter season is generally not affected by weather conditions and typically meats are not affected by weather.

Most importantly, I understand how much my farmers value our relationship and my business. ☺

\_\_\_\_\_  
Member Signature

\_\_\_\_\_  
Date

**\* Please include all sections of the registration form when you mail it in. This includes Sections A-H**